



BUILDING THE WHOLE YOU

"The Building Block"

Where Friends Don't Let Friends Remain Broke(N)



Hello Friend!

Happy New Year and Welcome to 2025's first edition of The Building Block!



Let's kick off 2025 with an arrest warrant—for a thief who's been robbing you of your financial freedom. Its name? **Lack**—specifically, Lack of Planning. Without a budget, this sneaky culprit robs you of your financial peace, month after month, paycheck after paycheck. But this is the year you take back what belongs to YOU!

A written budget is your best defense against financial uncertainty. It keeps you organized, prepared, and empowered to make decisions with clarity and confidence. Without one, unexpected expenses—or unchecked spending—can spiral into chaos. But with one? You regain control and experience peace of mind.

Let's be real: when you don't have control over your money, it impacts everything. It drains your emotional wellness, clouds your spiritual growth, and makes life feel overwhelming. But God has already given you the power to break free—you just need the right tools.

HERE ARE TWO SIMPLE STEPS TO START:

STEP 01

Create or Download a budget template and list every income and expense.

STEP 02

Regularly review and adjust your budget to stay accountable.



Need a little help? You're not alone. I did too but I got you. As an added bonus, in this edition, I share my personal budget and tips for staying consistent.

In true form, Blanche, put some word on it: *"The plans of the diligent lead to profit as surely as haste leads to poverty."* — Proverbs 21:5 (NIV).

Every dollar has a purpose, and every plan has a promise. Will this be the year you take back control, align your priorities, and step boldly into the abundance waiting for you?

Your journey starts now—visit buildingthewholeyou.com, book your consultation, and let's create your path to financial freedom, spiritual growth, and emotional wellness together.

Until next time, "Oh my beloved brethren, I will that you prosper and be in health EVEN as your soul prospers." — 3 John 1:2

Now Let's Build,
Blanche

